

RSCC Omicron Protocols & Resources - 1/15/22

Positive COVID Test & Close Contacts:

- If you have a positive test of someone in your household or a close contact situation for your RSCC child, please fill out our online reporting form.
- The form will help ensure you know what information we need and will help us better keep track of each situation. [The form can be found here.](#)
- Documentation for COVID PCR tests, rapid test results, and any other COVID updates for your child or family should be sent to Medical@RockSpringCC.com.

Surveillance Testing Required Starting 1/17/22:

- **Surveillance testing is required weekly** for all children who have not submitted documentation of a confirmed case of COVID during this Omicron wave.
- **For those with a child under 2**, as you cannot easily test them directly, **parents should test themselves** instead even if you have other RSCC children being tested. The parents are typically the ones in closer contact with their infants and toddlers. If you are short on tests, you can test whichever parent has been around the child most in the past few days or test whichever parent is coming to the School for drop off.
- The preferred timing is to **test in the morning before the child comes to RSCC** at the beginning of each week. If necessary, the testing can be done the night before.
- **Send a picture of the negative test** along with the name of the child, their classroom, and the date to Medical@RockSpringCC.com.

- We are asking you to do a **rapid at-home antigen test**, but a more accurate test such as a PCR test will work too.
- **If your child tests positive**, please keep all members of the household out of RSCC and contact your pediatrician. We recommend a PCR test to confirm the positive test. **We will need documentation of of the PCR result or from your pediatrician to exempt the child from further surveillance testing.**

COVID at-home and on-site testing tips (updated 1/14/2022)

(Thank you Vivian Qin for keeping them updated)

At-Home Rapid tests:

- Online purchase: [Amazon](#) (e.g., ihealth available now); [Walmart](#) (e.g., Abbott in and out of stock; occasional sale price); [Walgreens](#); [ihealth.com](#); [Hillcrest Pharmacy](#)
- Tips: order a couple boxes each week for the following week; supplies should begin to increase next week and we should see faster delivery times; check in the early mornings
- Free giveaway at MC libraries: [check local public libraries](#) for specific time for kit distribution. **Note that start time changes for some starting 1/18 Tuesday (no distribution on 1/17)**

On-site test:

- Start with your pediatric office: they will want to document the case.
- [PM Pediatrics in Rockville](#) has had same day appointments available with results coming back within 24 hours
- [Capitol Medical Group Pediatrics](#) does free drive up testing at 7am most weekday mornings with same day results usually available before noon. (Your children must be patients there).

- Other testing sites: [county-organized](#); private ones like [Same Day Testing](#)

At-home test (for a service fee):

- [Same day testing house call](#) : \$ 25/person for nurse coming to your home for a PCR. This can be a good routine check so you don't have to wait with your kids in doctors' office
 - Don't pay 75\$ for priority. Usual turnaround is ~24 hours for results even for non-priority test
 - If desired, parents could use a service such as this each week to comply with the weekly surveillance testing.
 - A lab based PCR test such as this could be done up to 2 days before the child starts each week at RSCC.
 - For example, if the child will attend Monday, the PCR could be conducted as early as Saturday morning, If results aren't back in time, just do a rapid test in the morning before coming to the School.
 - If available, children under 2 could use this method rather than having parents test.