

COVID at-home and on-site testing tips (updated 1/24/2022)

(Thank you Vivian Qin for keeping them updated)

N95 mask

- Per [CDC](#) mask guideline, N95/KN95 and surgical masks offer more protection than loosely fitting cloth masks.
- Online purchase: [Amazon](#); [CVS](#)
- Free giveaway at MC libraries: [check local public libraries](#) and some give out N95 at the same time as rapid test distribution

At-Home Rapid tests:

- Online purchase: [Amazon](#) (e.g., ihealth available now); [Walmart](#) (e.g., Abbott in and out of stock); [Walgreens](#); [ihealth.com](#); [Hillcrest Pharmacy](#)
- Tips: order a couple boxes each week for the following week; supplies should begin to increase next week and we should see faster delivery times; check in the early mornings
- Free giveaway at MC libraries: [check local public libraries](#) for specific time for kit and N95 mask distribution.
- The Federal Government will mail each household 4 test kits if you request them on this site: [Covidtests.gov](#).
- Most insurance companies will reimburse you for COVID tests. Check with your insurance company for details.

On-site test:

- Start with your pediatric office: they will want to document the case.

- [PM Pediatrics in Rockville](#) has had same day appointments available with results coming back within 24 hours
- [Capitol Medical Group Pediatrics](#) does free drive up testing at 7am most weekday mornings with same day results usually available before noon. (Your children must be patients there).
- Other testing sites: [county-organized](#) ; private ones like [Same Day Testing](#)

At-home test (for a service fee):

- [Same day testing house call](#) : \$ 25/person for nurse coming to your home for a PCR. This can be a good routine check so you don't have to wait with your kids in doctors' office
 - Don't pay 75\$ for priority. Usual turnaround is ~24 hours for results even for non-priority test
 - You can schedule in advance for a weekend test and cancel or reschedule up to 2 hours before your appointment
 - If desired, parents could use a service such as this each week to comply with the weekly surveillance testing.
 - A lab based PCR test such as this could be done up to 2 days before the child starts each week at RSCC.
 - For example, if the child will attend Monday, the PCR could be conducted as early as Saturday morning, If results aren't back in time, just do a rapid test in the morning before coming to the School.
 - If available, children under 2 could use this method rather than having parents test.