

# August 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <b>Breakfast:</b> Corn flakes w/fruit and milk <b>Snack:</b> Yogurt w/crackers and milk	2 <b>Breakfast:</b> Waffles w/fruit and milk <b>Snack:</b> Cheese quesadillas with milk	3 <b>Breakfast:</b> Biscuits w/ honey and fruit and milk <b>Snack:</b> Trail mix and milk	4 <b>Breakfast:</b> Pancakes w/ fruit and milk <b>Snack:</b> Crackers and slice cheese	5 <b>Breakfast:</b> Cheerios w/ fruit and milk <b>Snack:</b> Hummus and pita and milk	6
7	8 <b>Breakfast:</b> Rice crispy w/ fruit and milk <b>Snack:</b> Graham crackers with milk	9 <b>Breakfast:</b> French toast sticks w/ fruit and milk <b>Snack:</b> Sting cheese w/ crackers and milk	10 <b>Breakfast:</b> Cheese eggs w/ toast and milk <b>Snack:</b> Chips and salsa w/ milk	11 <b>Breakfast:</b> English muffins w/ fruit and milk <b>Snack:</b> Goldfish crackers and milk	12 <b>Breakfast:</b> Corn flakes w/ fruit and milk <b>Snack:</b> Yogurt w/ crackers and milk	13
14	15 <b>Breakfast:</b> Cheerios w/ fruit and milk <b>Snack:</b> Tater-tots w/ milk	16 <b>Breakfast:</b> Muffins w/ fruit and milk <b>Snack:</b> Cheezits w/ milk	17 <b>Breakfast:</b> Cheese eggs w/ toast and milk <b>Snack:</b> Vanilla wafers w/ milk	18 <b>Breakfast:</b> Pancakes w/ fruit and milk <b>Snack:</b> Cheese quesadillas w/ milk	19 <b>Breakfast:</b> Rice crispy w/ milk <b>Snack:</b> Trail mix and milk	20
21	22 <b>Breakfast:</b> Corn flakes w/ fruit and milk <b>Snack:</b> Chips and salsa w/ milk	23 <b>Breakfast:</b> Waffles w/ fruit and milk <b>Snack:</b> String cheese w/ crackers	24 <b>Breakfast:</b> Cheese eggs w/ toast and milk <b>Snack:</b> Tater-tots w/ milk	25 <b>Breakfast:</b> French toast sticks w/ fruit and milk <b>Snack:</b> Hummus and pita and milk	26 <b>Breakfast:</b> Cheerios w/ fruit and milk <b>Snack:</b> Graham crackers w/ milk	27
28	29 <b>Breakfast:</b> Rice crispy w/ milk <b>Snack:</b> Cheezits w/ milk	30 <b>Breakfast:</b> Muffins w/ fruit and milk <b>Snack:</b> Goldfish crackers and milk	31 <b>Breakfast:</b> Cheese eggs w/ toast and milk <b>Snack:</b> Vanilla wafers w/ milk			