

## July Breakfast and Snack

				<b>1 Breakfast:</b> Cheese eggs w/toast and milk  <b>Snack:</b> Yogurt w/milk	<b>2 Breakfast:</b> Corn flakes w/fruit and milk  <b>Snack:</b> Tatter tots w/milk	3
4	<b>Closed</b>	<b>6 Breakfast:</b> Pancakes with fruit and milk <b>Snack:</b> Hummus and pita w/milk	<b>7 Breakfast:</b> Cheese eggs w/toast and milk <b>Snack:</b> Trail mix and milk	<b>8 Breakfast:</b> Wheat English muffins w/fruit and milk <b>Snack:</b> Cheese quesadilla w/milk	<b>9 Breakfast:</b> Rice crispy w/fruit and milk <b>Snack:</b> Vanilla wafers w/milk	10
11	<b>12 Breakfast:</b> Cheerios w/fruit and milk  <b>Snack:</b> Yogurt w/milk	<b>13 Breakfast:</b> Muffins w/fruit and milk <b>Snack:</b> Graham crackers and milk	<b>14 Breakfast:</b> Pancakes with fruit and milk <b>Snack:</b> Tatter tots w/milk	<b>15 Breakfast:</b> Waffles w/fruit and milk <b>Snack:</b> Cheezits w/milk	<b>16 Breakfast:</b> Corn flakes w/fruit and milk <b>Snack:</b> Chips and salsa with milk	17
18	<b>19 Breakfast:</b> Rice crispy w/fruit and milk <b>Snack:</b> Hummus and pita w/milk	<b>20 Breakfast:</b> Waffles w/fruit and milk <b>Snack:</b> Goldfish w/milk	<b>21 Breakfast:</b> French toast w/fruit and milk <b>Snack:</b> Trail mix and milk	<b>22 Breakfast:</b> Muffins w/fruit and milk <b>Snack:</b> Townhouse crackers and cheese	<b>23 Breakfast:</b> Cheerios w/fruit and milk <b>Snack:</b> Graham crackers and milk	24
25	<b>26 Breakfast:</b> Corn flakes w/fruit and milk <b>Snack:</b> Cheese quesadilla w/milk	<b>27 Breakfast:</b> Biscuits w/honey, fruit and milk <b>Snack:</b> Vanilla wafers w/milk	<b>28 Breakfast:</b> Wheat English muffins w/fruit and milk <b>Snack:</b> Cheezits w/milk	<b>29 Breakfast:</b> Cheese eggs w/toast and milk <b>Snack:</b> Chips and salsa w/milk	<b>30 Breakfast:</b> Rice crispy w/fruit and milk <b>Snack:</b> Town House crackers and cheese cubes w/milk	31