

August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Breakfast: Cheerios w/fruit and milk Snack: Goldfish crackers with milk	3 Breakfast: Pancakes with fruit and milk Snack: Hummus and pita with milk	4 Breakfast: Waffles with fruit and milk Snack: Tatter tots w/milk	5 Breakfast: Cheerios ^{Waffles} w/toast and milk Snack: Trail mix and milk	6 Breakfast: Corn flakes w/fruit and milk Snack: Yogurt w/milk	7
8	9 Breakfast: Rice crispy w/fruit and milk Snack: Cheerios ^{quesadilla w/milk} Yogurt	10 Breakfast: Cheese eggs w/toast and milk Snack: Chips and salsa with milk	11 Breakfast: Biscuits with honey and fruit and milk Snack: Cheezits w/milk	12 Breakfast: Breakfast ^{Eggs and Cheese} w/fruit and milk Snack: Townhouse crackers and cheese cubes w/milk	13 Breakfast: Cheerios w/fruit and milk Snack: Vanilla wafers w/milk	14
15	16 Breakfast: Corn flakes w/fruit and milk Snack: Graham crackers and milk	17 Breakfast: Muffins w/fruit and milk Snack: Trial mix and milk	18 Breakfast: Cheese eggs w/toast and milk Snack: Yogurt ^{quesadillas} w/milk	19 Breakfast: Waffles with fruit and milk Snack: Cheese quesadilla w/milk	20 Breakfast: Rice crispy w/fruit and milk Snack: Hummus and pita with milk	21
22	23 Breakfast: Cheerios w/fruit and milk Snack: Tatter tots w/milk	24 Breakfast: Waffles with fruit and milk Snack: Cheezits w/milk	25 Breakfast: Pancakes w/fruit and milk Snack: Vanilla wafers w/milk	26 Breakfast: Cheese eggs w/toast and milk Snack: String cheese w/crackers and milk	27 Breakfast: Core flakes w/fruit and milk Snack: Chips and salsa with milk	28
29	30 Breakfast: Rice crispy w/fruit and milk Snack: String Cheese w/crackers and milk	31 Breakfast: Cheese eggs w/toast and milk Snack: Graham crackers and milk				